Easter Meringue Story Cookies Take-Home Sheet

for use with the "Trial & Crucifixion of Jesus" Cooking Workshop - printed from Rotation.org

- 1. Get an adult to help you!
- 2. Start just before you go to bed for the night.
- 3. Ask an adult to preheat the oven to 300 degrees.
- 4. Take the dough and drop it by teaspoons onto a cookie sheet covered in wax paper. Each mound represents the rocky tomb where Jesus' body was buried. Read Matthew 27:57-60 in your Bible.
- 5. When the oven is ready, put the cookie sheet inside. Close the door and turn the oven OFF. (yes, they harden in the cooling oven overnight). Take small pieces of tape and seal the oven door. Remember that Jesus' tomb was sealed with a large rock. Read Matthew 27:60 again.
- 6. GO TO BED. You may feel sad to leave the cookies in the oven overnight. Jesus' followers were sad, too, when the tomb was sealed. Read John 16:20 and 22.
- 7. Tomorrow morning, open the oven and share the cookies with your family. **Be ready for a surprise!** Read Matthew 28:1-9. What happened to Jesus?

Recipe:

- 1 cup whole pecans (can substitute Butterscotch Chipits)
- 1 t vinegar
- 3 egg whites
- pinch of salt
- 1 cup sugar

- wooden spoons
- zipper bags
- glass mixing bowl
- Electric Beater
- Wax Paper
- Cookie Sheet

Cooking Instructions:

- 1. Place pecans in zipper baggie and let children beat them with wooden spoons. Explain/remind that Jesus was beaten by the Roman soldiers (John 19:1-3).
- 2. Let each child smell the vinegar. Put 1 teaspoon of vinegar into mixing bowl. Explain/remind that Jesus was given vinegar to drink when he was on the cross (John 19:28-30).
- 3. Add egg whites to vinegar. Eggs represent life. Explain/remind that Jesus gave his life to give us life (John 10:10-11).
- 4. Sprinkle a little salt into each child's hand. Let them taste it. Brush a pinch of salt into the bowl. Explain that this represents the salty tears shed by the women who followed Jesus (Luke 23:27).
- 5. So far the ingredients are not very appetizing! Add 1 cup of sugar. Explain that the sweetest part of the story is that Jesus died because he loves us. He wants us to know him and to belong to God (Psalm 34:8 and John 3:16). God's word is sweet as well....because it tells us that we are forgiven.
- 6. Beat with a mixer on high speed for 12-15 minutes until stiff peaks are formed. Explain that the color white represents the purity in God's eyes of those whose sins have been cleansed by Jesus' death (Isaiah 1:18 and John 3:13). What in the story could the white also represent? The angels?