

Station 4 (Thank God)

Sit on the pillow.

Pick up a stone from the pile! **Hold it in your hand!**

The ancient Israelites used to build monuments of stones to use as a reminder—a reminder of some of the marvelous things that God had done for them.

Now it is your turn to think of something to be thankful about. **Offer this thanksgiving to God and then pile the rock onto the tray!** If you think of another thanksgiving, then pick up another stone and do the same!

Open the Bible and read Psalm 100: 1-5. Then sit quietly for a moment and pray—give Thanks to God!

Now it is time to rise and walk to Station 5.