

# What fruit do you want to BEAR or GROW?

Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Galatians 5:22-23

Look at the list of fruit below and discuss together for a few minutes which life fruits you see in each other and those you each need to work on. Fill in the blanks as indicated.

<b>Fruit of the Spirit</b>	<b>Person(s) name – who in your group bears (shows) this life fruit</b>	<b>Which life fruit do you need to grow (work on) in yourself</b>
Love		
Joy		
Peace		
Patience		
Kindness		
Goodness		
Faithfulness		
Gentleness		
Self-Control		

# 13 Things You Know About God

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	

Why do you think your family's faith is like a tree?

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# Love

Matthew 22:37-38 Jesus replied: “Love the Lord your God with all your heart and with all your soul and with all your mind.” This is the first and greatest commandment.

List 10 things you Love	List 10 ways to show others Love
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

Each family member write down one way that you can share God’s love today.

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# Joy

List below some practical ways you could share the Joy with others.


Decide on which one of the above your family can do to share the Joy with others this week.

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Shout to the LORD, all the earth; break out in praise and sing for JOY!

Psalm 98:4

Write your own family Psalm (or write it at home if you run out of time.)

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# Peace

When our family has a conflict between two or more family members, these are some steps we will take to bring peace:

Step 1:

Step 2:

Step 3:

Step 4:

**God's love brings us peace. Have each person write a quality or attribute of God by each letter.**

P \_\_\_\_\_

E \_\_\_\_\_

A \_\_\_\_\_

C \_\_\_\_\_

E \_\_\_\_\_

# Patience

For each family fill in the following:

\_\_\_\_\_ needs God's help to be patient with \_\_\_\_\_.

\_\_\_\_\_ needs God's help to be patient with \_\_\_\_\_.

\_\_\_\_\_ needs God's help to be patient with \_\_\_\_\_.

\_\_\_\_\_ needs God's help to be patient with \_\_\_\_\_.

\_\_\_\_\_ needs God's help to be patient with \_\_\_\_\_.

\_\_\_\_\_ needs God's help to be patient with \_\_\_\_\_.

Read these verses together, have each family member choose one to illustrate and then describe what it means to you ...

"Patience can persuade a prince, and soft speech can crush strong opposition." Proverbs 25:15

"May God, who gives this patience and encouragement, help you live in complete harmony with each other – each with the attitude of Christ Jesus toward the other." Romans 15:5

"We also pray that you will be strengthened with his glorious power so that you will have all the patience and endurance you need. May you be filled with joy." Colossians 1:11

# Kindness

Watch a TV show or movie together as a family this week and record "kind fruit" and "unkind fruit" (actions and words) seen in the show/movie.

Kind Fruit	Unkind Fruit

Talk about which fruit you think God liked best in the show and mark it with a check-mark ✓ .

**How about your own kindness fruit? Has it been showing lately?**

**Think of one kind thing to do for each person in your family this week.**

## Goodness

Think of things that you have given in the past or can give this coming week, gifts of any size that would be pleasing to God, because you gave them with a “good” or “right” heart.

Helpful hints - things you can do for others without being asked by your parents or your spouse. Soughtfull (thoughtful) Gifts. Do a goodness in secret. like cleaning your room without being asked, or putting the dishes into the dishwasher or emptying the dishwasher, etc, do it without being asked, but instead out of the goodness of your heart. Fill-in the socks with ideas that you come up with. When you get home attach this to the fridge and have everyone add to it in the coming weeks.





# Faithfulness

**1. Ways that God is faithful to our family.**

**2. Ways that our family is faithful to God.**

**3. Our plan to grow in our faithfulness to God this summer will be:**

# Gentleness

Show a gentle attitude toward everyone. Philippians 4:5 The Bible holds many gentle images of God.

**Psalm 91:4: "God will shield you with his wings. He will shelter you with his feathers. His faithful promises are your armor and protection." Together, each of you can draw a picture of these images of God.**

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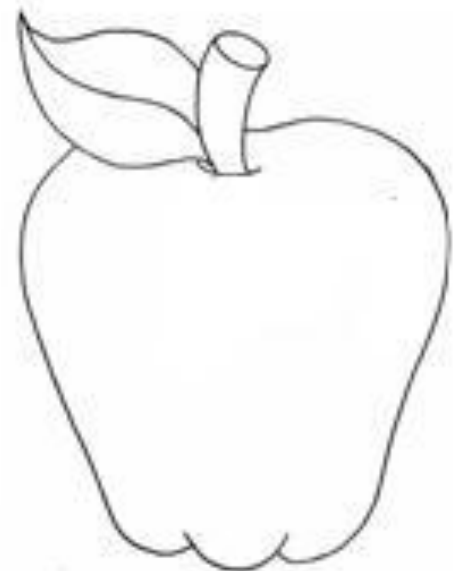
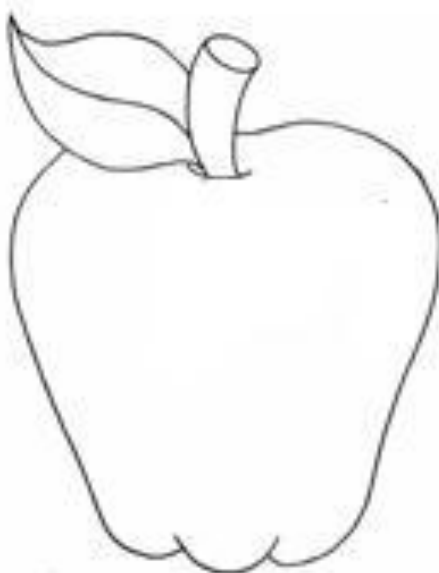
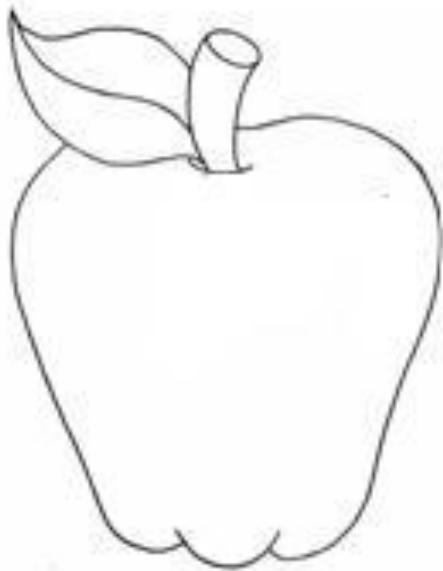
"God will shield you with his wings.

He will shelter you with his feathers.

His faithful promises are your armor and protection."

## Self-control

1. Each family member should choose an apple on this page and draw a face on it. Write your name next to it.
2. Write across your apple's "forehead" something that you need help in the area of self control.
3. Keep this paper handy all week where family members can see it. When you see this paper, pray for the others in your family in the area of self control they're working on.
4. Share an apple snack together this week.



## Fruit of the Spirit Wrap-Up

Write each family member's name down the left side of the page (one per line). Work together to think of times when that person shows the fruit listed:

\_\_\_\_\_ shows love when \_\_\_\_\_.

\_\_\_\_\_ shows love when \_\_\_\_\_.

\_\_\_\_\_ shows love when \_\_\_\_\_.

\_\_\_\_\_ shows love when \_\_\_\_\_.

\_\_\_\_\_ shows love when \_\_\_\_\_.

\_\_\_\_\_ shows love when \_\_\_\_\_.

"Fruit" in the Bible is used to describe the results of living our lives for God. Fruit, or a variation of it, is used at least 55 times in the New Testament.

Do a fruit search to find some ... 2 to start: John 15:1-17 and Psalm 1:1-3.

What others can you find?