

King David

1 Samuel 16:1-13

Choose one or more ways below to respond to this story.

“People judge others by what they look like, but I judge people by what is in their hearts.” 1 Samuel 16:7b CEV



Reflection Section:

Questions for deeper reflection. Think about them on a walk, journal, draw, or talk to a friend or as a family. Whatever feels right. Just be sure to give the questions a few minutes of your undivided attention.

- Why do you think God chose David to be King? What does it mean to have a “heart for God?”
- God looked deep into David’s heart and saw the kind of person whom God wanted for king. God looks into our hearts too. God sees past what we look like on the outside and cares about what we are like on the inside. What are the good things God sees inside of you? What might you like to change?
- How do you think David felt when he was chosen but had to wait to be king? [24 years of waiting!] How might the most handsome, strongest brother, Eliab, have felt when he was not chosen? How did Samuel show that David had been chosen by God?

Imagination Station:

Create artwork with heart shapes as you think about how much God loves you and how you can have a heart for God. For inspiration check out: <https://www.pinterest.com/olybeth/hearts/>

Outdoor Adventure:

As you are out and about, keep your eye out for things that remind you of God’s love. How does God show love through creation? Bonus: Can you find things in nature that make heart shapes? Ponder how God is calling you for God’s work and remember that God will not just call you, but also prepare and equip you.

Kitchen Connection:

Option One: Bake Abinadab & David Brownies. Two identical brownie mixes. In the first, (shhhh) leave out the oil. (Try not to let people know about the oil.) Before you bake, compare the two mixes. What do you notice about them? They look about the same on the outside. Peek at them about five minutes before they are done baking. How do they compare now? What do you suppose is different? Something on the inside? Compare the two recipes. What does 1 Samuel 16:13 have to do with your brownies? How did making brownies help you think about the importance of what’s on the inside of you?

Option Two: Make heart-shaped cookies and think of the good things you want God to see in your heart.

Faith Practice:

Option One: Write or draw two things about yourself that are visible to others. Using almost invisible light lines, write or draw two things about yourself that can’t be seen. God’s Spirit was at work in David. What is one way you know God’s Spirit is at work in you, too?

Option Two: Sometimes we judge others by what we see on the outside. What are some ways we can get to know who someone else is on the inside?

Option Three: Practice finding this story in the Bible and read and talk about it together.